## January 2014

Sunda	y	Mond	ay	Tueso	lay	Wednes	sday	Thurs	day	Frida	ay	Saturo	day	
							1		2		3		4	
						At Home		Team Camp		Team Camp		At Home		
							Workouts		Central		Central		Workouts	
									9:00am - 9:00pm		9:00am - 9:00pm			
	5		6		7		8		9		10		11	
REST	REST		Wrestling Practice		Wrestling Practice		Night Practice		Wrestling Practice		Wrestling Practice		Central Chargers	
			3:05pm - 5:30pm		3:05pm - 5:30pm		5:30pm - 8:00pm		3:05pm - 5:30pm		3:05pm - 5:30pm		<b>Tournament</b>	
			Central A. Gym		Central A. Gym		Central A. Gym		Central A. Gym		Central A. Gym		Central M. Gym	
												<u>9:00a</u>	<u>m</u>	
	12		13		14		15		16		17		18	
REST		Wrestling Practice		Wrestling Practice		Wrestling Practice		Night Practice		Wrestling Practice		At Home		
			3:05pm - 5:30pm		3:05pm - 5:30pm		3:05pm - 5:30pm		5:30pm - 8:00pm		3:05pm - 5:30pm		Workouts	
			Central A. Gym		Central A. Gym		In Weight Room		Central A. Gym		Central A. Gym			
			_		_	_								
	19		20		21		22		23		24		25	
						'								
REST		At Home		<u>Scottsburg</u>		Perry Meridian		Wrestling Practice		Wrestling Practice		Parkview Tourney		
			Workouts		<u>Home</u>		<u>Home</u>		3:05pm - 5:30pm		3:05pm - 5:30pm		Jeffersonville HS	
					Central M. Gym		Central M. Gym		Central A. Gym		Central A. Gym		Main Gym	
				5:30p	m	5:30p	m		_			8:00a	m	
	26		27		28		29		30		31			
-						,								
REST		Wrestling Practice		<u>Franklin</u>		Night Practice		Northside		Wrestling Practice				
			3:05pm - 5:30pm		Home		5:30pm - 8:00pm		Away		3:05pm - 5:30pm			
			Central A. Gym		Central M. Gym		Central A. Gym		Northside M. Gym		Central A. Gym			
			·		<u>5:00pm</u>		· ·		5:30pm					
								,						